

FRESH START FOODS UPDATE

Have A Year Round Herb Garden

Enjoy some fresh herbs during these winter months with a window garden! Rosemary, thyme, mint, and oregano all work extremely well, provided they get at least four hours of direct light a day. Just keep them in pots with holes, put stones in the bottom to keep the soil well drained, and the big trick -- feed your herbs every couple of weeks, since plants in containers draw the nutrients out very quickly! Seasonings for the season of winter! Yumm!

"I prefer winter and fall, when you feel the bone structure of the landscape – the loneliness of it, the dead feeling of winter. Something waits beneath it, the whole story doesn't show."

Andrew Wyeth

"The color of springtime is in the flowers; the color of winter is in the imagination."

Terri Guillekmets

