

Peace and Prosperity In This New Year

peace.

it does not mean to be in a place where there is no noise, trouble or hard work.

it means to be in the midst of those things and still be calm in your heart.—unknown author

A pure and untouched year awaits. Thoughts are powerful instruments that can create adversity or generate calm. From within, we can change any situation. We celebrate Epiphany the first Sunday of January. Epiphany, according to Websters, means a moment in which you suddenly see or understand something in a new or very clear way. What a perfect time to manifest the spirit of peace - a New Year, and the feast of the Epiphany as our kickoff touchstones.

Like a drop of water in the ocean, can you imagine the beauty of the world? Even if it's your own day-in, day-out world? So, like Dorothy in the Wizard of Oz, let's repeat day after day "Peace begins with me, peace begins with me." (Clicking your shoes together while saying is good fun but optional!)

- Stephanie Sepate



This painting by Mary Ann Lederer greets all in the St. Leo main office.
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