

Clancy's Clichés



This old dog is getting older and older by the minute. Seven years for every one year of human life puts me at ... let's just say older than any ol' dog you probably know!

For those looking forward to retirement, just taking a sabbatical of some kind, or off work due to illness or paw surgery, you have long days looking you in the face with questions that should be asked long before you say goodbye to your co-workers or schedule your procedure. Even while still working or caregiving, what fulfills your own heart during the off-hours? Consider asking some questions like what you might do with those long days, and what to do with your time and purpose in life.

Feeling blue and not feeling worth anything anymore, along with feeling lonesome, insignificant and bored, may creep into your days. This crisis doesn't have to happen. President John F. Kennedy said, "When written in Chinese, the word 'crisis' is composed of two characters. One represents danger and the other represents opportunity."

It warms the little puppy in me when, especially at the Food Pantry, dedicated volunteers have said they retired only to discover ... nothing to do. And nothing with purpose and fulfillment. Spending a mere four hours (or more for several others) a week serving others, stocking shelves, and helping to maintain the Food Pantry brings them so much joy. This small example shows how one person can positively affect countless people in countless ways.

Even our dialogue with others or through social media has an impact. Participating in positive versus negative conversations can brighten the lives of others while bullying, demeaning behavior, labeling a fellow human being, and taking advantage of people or situations hurt far more than those at the core of the event.

It's really so simple. We are all a part of the greater picture. Every little action contributes to our world as a whole. Every inaction affects us as well, i.e., what we choose NOT to do can be just as important as what we choose to do. While we don't have to scatter our time or energy all over the place, doing what we can when we can, will have positive, loving change. Reach out. Touch lives.

As we continue our life's journey, how do you want to live your day on the other side of tomorrow?

Howlin's hootn'; Growlin's not gooten! - Clancy



Clancy's Cackles

What do you get if you cross poison ivy with a 4-leaf clover? **A rash of good luck!**

What did the tree say to Spring?
What a re-leaf!

I'm reading a book about anti-gravity. It's impossible to put down.

What position does a leprechaun **Shortstop!** play on the Red's team?

